September 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 SPINACH LASAGNA	4 PIZZA	5 BAKED CHICKEN	6 SOUP AND SANDWICH
	TOMATO SAUCE	SWEET POTATO FRIES	MASHED POTATOES	GRILLED CHEESE
LABOR DAY	GREEN BEANS		BROCCOLI	TOMATO SOUP
	GARLIC BREAD		DINNER ROLLS	CHIPS
		HALF DAY		COLE SLAW
9 PASTA & MEATBALLS	10 SLOPPY JOES	11 CHICKEN NUGGETS	12 MEAT LOAF	13 CHICKEN SANDWICH
GREEN BEANS	TOMATO SAUCE	SWEET POTATO FRIES	MASHED POTATOES	POTATO SALAD
GARLIC BREAD	MIXED VEGETABLES		BROCCOLI	COLE SLAW
TOMATO SAUCE	FRENCH FRIES		DINNER ROLLS	CHIPS
PASTA	BUN	HALF DAY		
16 CHILI CON CARNE	17 HOT DOGS	18 PIZZA	19 HOMESTYLE CHICKEN	20 CHEESEBURGER
GROUND BEEF	FRENCH FRIES	SWEET POTATO FRIES	BROCCOLI	POTATO SALAD
KIDNEY BEANS	BAKED BEANS		MASHED POTATOES	COLE SLAW
TOMATOES	BUN		BISCCUIT	CHIPS
RICE		HALF DAY		
23 TRKY HAM MAC'N'CHZ	24 CHICKEN QUESADILLA	25 CHICKEN NUGGETS	26 SALISBURY STEAK	27 PULLED CHICKEN BBQ
PASTA	MEXICALI CORN	SWEET POTATO FRIES	BEEF PATTY W/ GRAVY	POTATO SALAD
PEAS	CHARRO BEANS		MASHED POTATOES	COLE SLAW
CARROTS	SALSA		BROCCOLI	CHIPS
	FLOUR TORTILLAS	HALF DAY	ROLLS	
30 CHICKEN STIR FRY	1 SPINACH LASAGNA	2 PIZZA	3 CHICKEN TACOS	4 SOUP AND SANDWICH
BROWN RICE	TOMATO SAUCE	SWEET POTATO FRIES	MEXICALI CORN	GRILLED CHEESE
ASIAN STYLE VEGGEIES	GREEN BEANS		CHARRO BEANS	TOMATO SOUP
VEGETABLE POT STICKERS	GARLIC BREAD		SALSA	CHIPS
FLOUR TORTILLAS		HALF DAY	FLOUR TORTILLAS	COLE SLAW
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Sausage, Eggs	Pancakes, Bacon	Breakfast Sandwich	French Toast	Cereal and Milk
Hash Brown, Biscuit	Hash Browns	Hash Browns	Eggs, Sausage	Breakfast Bar
Fruit, 100% Fruit Juice, Milk				

MENU SUBJECT TO CHANGE

The Linwood Center is an Equal Opportunity Provider and Employer